



JANUARY DIARY

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"Protecting nature is not about sacrifice; it is about securing a healthier, more equitable future."

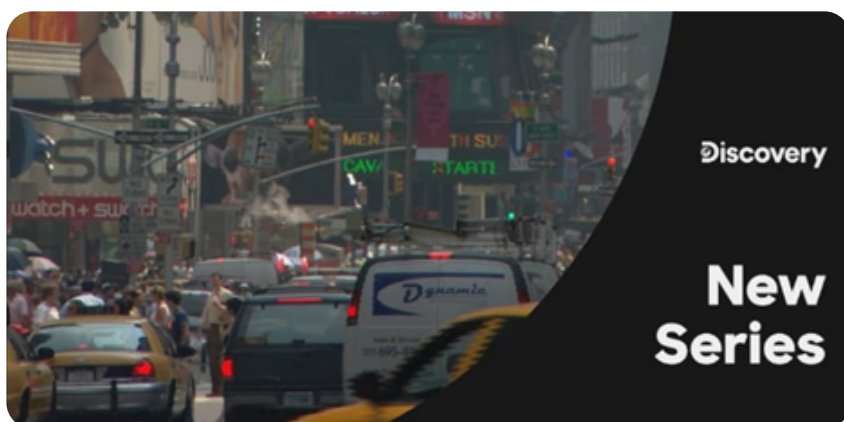
– **Pradip Burman**, Chairman, Mobius Foundation

Embers of Hope: The Fight For Our Future

About the Documentary: *Embers of Hope* explores planetary boundaries through an Indian lens, combining science, personal stories, and grassroots action to address challenges like overpopulation, climate change, urbanisation, ocean health, water crisis, agricultural practices, air pollution and biodiversity loss. Narrated by Zeenat Aman and Professor Bhaskar Vira of the University of Cambridge, the series seeks to inform, engage, and inspire—especially young people—to act for a sustainable future.

Upcoming: Episode 10 – Malthus Who? "Repeat Telecast" – 25th January, 2026 (Sunday) – 07:00 pm

Malthus Who? explores how rapid population growth strains Earth's life-support systems and risks environmental collapse. The episode challenges GDP-driven development and highlights ecological limits, and highlights practical solutions, including the Mobius Foundation's Project Aakar in Eastern Uttar Pradesh and Bihar, which focuses on women's education, family planning, and public health, leading to reduced fertility rates. Kerala's literacy initiatives, women empowerment programs, and the Kudumbashree Mission, including the "Drone Didis," demonstrate how female empowerment drives demographic transition. The episode concludes that conscious consumption, circular economies, and community action are key to a sustainable future.



Call To Action: An Initiative Under the Documentary

Who Can Participate

- Students & youth groups
- Educational institutions
- NGOs & community organisations
- Researchers & scholars
- Individual environmental volunteers

Every meaningful effort counts.

Which Areas of Change?

- Climate Change and Just Transition
- Biodiversity, Wildlife and Forest
- Air Pollution
- Water Conservation
- Wastewater Treatment
- Ocean & River Health
- Agriculture & Land Practices
- Waste management & Circular Economy
- Urban Sustainability
- Overpopulation & Pressure on Resources

Here's What You Need To Do

Submit stories that highlight:

- The problem you are addressing
- Key objectives
- Methodology & action steps
- Impact and outcomes
- Achievements, challenges & learnings
- Digital documentation of your work

Shortlisted projects get a chance to be highlighted in future outreach campaigns and visibility to experts, policymakers, and sustainability partners.



Scan me!



<https://forms.gle/aiuRHXefQwgEojCVA>

Share your stories using this QR code/link

For more information, visit – www.eohseries.com



Youth for Earth

We are thrilled to announce the launch of **Youth for Earth (Y4E) 2026**, commencing this February.

Youth for Earth (Y4E) is a flagship youth engagement campaign jointly led by the Mobius Foundation and The Climate Reality Project. **Y4E 2026** will spotlight and amplify bold, innovative actions by young changemakers committed to protecting our planet.

This is a call for youth to move from **awareness to action**, lead solutions on the ground, and become the driving force for a greener, more sustainable future.

The planet needs your voice—and your action. Step up. Lead change. Be the Earth's hope.

Stay tuned for launch updates, registrations, and key dates. Connect with us and follow the journey:

<https://www.icse-esd.org/>.



Gyan Anant Vidyalaya (GAV)

Inter-School Athletics Competition - 20th December, 2025:

Fourteen students from GAV participated across various age categories and delivered an impressive performance. Yug Chaudhary (Under-18) secured a Bronze medal in Shot Put, Abdul (Under-12) won a Bronze medal in the 200-metre race, and Aayush (Under-14) clinched a Gold medal in the 400-metre event.



Students receiving awards at inter-school athletics competition

National Yoga District Championship:

Students of the school participated in the National Level Yoga Championship organized by the Jharkhand Yoga Association at Rani Sati Mandir, Ranchi (Jharkhand). Deepanshu Prajapati (Class XI) secured the 8th Rank in the Boys' (Under-16-18) category, while Tanya Kori (Class X) achieved the 10th Rank in the Girls' (Under-16-18) category. The championship witnessed participation from 90 competitors in the Boys' category and 50 competitors in the Girls' category.



Glimpse from national level yoga championship

3 Medals

14

Participants

2

Top 10
National Ranks



Umeed 1 & 2 in Uttar Pradesh:

- District and block coordination meetings held in Balrampur and Bahraich under the Umeed Project to strengthen family planning efforts. It brought together multiple departments to review family planning indicators using NFHS-5 data.
- Umeed Project implementation reviewed across five blocks of Balrampur, focusing on counselling corners, ASHA-ANM capacity building, and system convergence.
- Launch of SBCC campaign “Itni Bhi Kya Jaldi Hai” with multi-media IEC and mobile van outreach in 150 villages.
- Block Coordination Meeting in Jarwal, Bahraich marked the launch of male engagement campaign “The Country Will Change When Men Change.”
- IEC materials released and publicity vehicle flagged off to cover 118 village.



‘Itni Bhi Kya Jaldi Hai’ Campaign Launch

DELHI

Block Coordination Meeting Concludes with “The Country Will Change When Men Change” Campaign

touchwithworld.com
Rahul Upadhyay Bahraich

A block coordination meeting was held on Thursday at the Block Development Officer office auditorium in Jarwal block. The meeting was chaired by CHC Superintendent Dr. Kunwar Ritesh. On this occasion, the “The Country Will Change When Men Change” campaign was formally launched. During the program, awareness posters and newslet-



adopting family planning, only ning methods. She termed the

Press Release – ‘The Country Will Change When Men Change’ campaign

Saran District, Bihar

- Project Aakar exhibition stall at Sonapur Mela (12 Nov–11 Dec 2025) engaged 6,509 visitors, counselled 942 couples, and referred 199 couples to PHCs.
- 22 Fixed Day Services (FDS) camps across six blocks resulted in 253 female and 2 male sterilizations.
- 11 canopy counselling activities at high-traffic locations reached 290 eligible couples.
- A customized van operated for 18 days across ~72 villages, distributing IEC materials and raising awareness through audio-visual methods.
- Five cluster meetings for ASHA workers and facilitators were conducted with 111 participants.

Siddharth Nagar, Uttar Pradesh

- Family planning interventions in Siddharth Nagar delivered one of the strongest performances of the year, significantly improving access to quality reproductive health services and informed choice.
- 393 female sterilizations and one non-scalpel vasectomy was done during fixed-day sterilization camps
- 28 cluster meetings were held at CHCs, 89 VHSND-based community mobilization activities, and 25 sessions at FP Counselling Corners has taken place. collectively reaching over 2,200 individuals.

सीएचसी सिरसिया में महिला नसबंदी शिविर आयोजित, 26 महिलाओं का सफल अपरेशन



स्वतंत्र चेतना, डुमरियागंज सिद्धार्थनगर। भनवापुर ब्लॉक क्षेत्र के सामुदायिक स्वास्थ्य केंद्र (सीएचसी) सिरसिया में शनिवार को महिला नसबंदी शिविर का आयोजन किया गया। यह शिविर मोबियस फाउंडेशन की आकार परियोजना के अंतर्गत जननी संस्था के तत्वावधान में तथा सीएचसी अधीक्षक डा. शैलेंद्र मणि ओझा की देखरेख में संपन्न हुआ। शिविर में क्षेत्र की कुल 28 महिलाओं ने पंजीकरण कराया,

इस अवसर पर अधीक्षक डा. शैलेंद्र मणि ओझा ने बताया कि जननी संस्था की टीम द्वारा ब्लॉक स्तर पर उपलब्ध कराई जा रही स्वास्थ्य सुविधाएं सराहनीय हैं। उन्होंने जानकारी दी कि नसबंदी कराने वाली प्रत्येक लाभार्थी महिला को 2000 की प्रोत्साहन राशि सीधे उनके बैंक खाते में भेजी जाएगी, वहीं प्रेरक आशा या अन्य कार्यकर्ता को तीन सौ रूपए का प्रोत्साहन दिया जाएगा। इसके साथ ही लाभार्थी महिलाओं को नि:शुल्क पंजीकरण सेवा के

Press Release – Female sterilisation at CHC Sirsia

150

Villages Reached

394

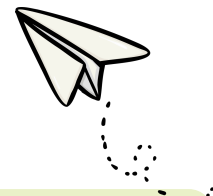
Sterilizations Delivered

150

Villages Reached



Mobius Young Climate Leaders for Himalayan Development (MYCL)



Meghalaya:

Awareness programme on elephant corridors conducted at Jenggitchatgre village, Gambegre block, in collaboration with the JICA team.



Awareness programme on elephant corridors in Meghalaya

Mizoram:

Mobius Young Professionals (MYPs) visited Dampa Tiger Reserve (1–3 Dec 2025) to understand reserve management, infrastructure, and conservation challenges.



MYPs in Dampa Tiger Reserve, Mizoram

Tripura:

MYPs undertook a field visit to a Non-Timber Forest Product (NTFP) centre to understand the ecological and economic value of forest resources.



MYPs visit to Non-Timber Forest Product (NTFP) centre, Tripura

Arunachal Pradesh:

Field surveys conducted across five villages with participation from over 50 respondents.



Field Surveys in Arunachal Pradesh

Assam:

Bird-watching and wetland learning programme held at Deepor Beel Wildlife Sanctuary (24 Dec 2025) for students and teachers, led by Aaranyak and wildlife biologist Dr Nilutpal Mahanta.



Bird-watching and wetland learning programme held at Deepor Beel Wildlife Sanctuary, Assam

Sikkim:

MYPs supported diverse NGO-led activities, including international exchange coordination, environmental education, organic farming, nature trails, and community engagement, strengthening experiential learning and conservation outreach.



MYPs supported diverse NGO-led activities in Sikkim



Gyan Kanya Shakti (GKS): 100 Schools Program



Madhya Pradesh

- Healthcare:** Health camps were conducted at schools in Sidhi and Shahdol. A total of **154 students were screened**, out of which **5 students require specs**, **50 students were found to be underweight** while some students were found to be anaemic. Families of students with major health issues have been informed and updated.



Health camps conducted in Sidhi and Shahdol districts

- **Operations:** English, Maths and Science books and T-shirts were distributed across schools advocating limited screen time for children.
- **Academics:** Midline assessment report was shared for grades 7th, 8th and 9th by Lotus Petal Foundation. While improvement in performance was seen in schools, some schools remain below average and remain to be the focus for the upcoming academic session.
- **Life skills:** Endline assessment report for all schools was received and it indicated significant improvement in mental wellbeing, social wellness, vocational wellness.



T-shirts distributed across all schools

Uttar Pradesh

- **Academic Progress:** 1,511 academic classes and focused sessions in **Mathematics, Science, and English** were successfully conducted across **25 KGBVs in 8 districts**, achieving **93% of the planned 1,624 classes**.
- **Health Check-ups and Medical Support:** Conducted in **10 KGBV schools**, benefiting **593 students**. Screenings identified **30 anaemia cases** and **13 vision-related issues**, enabling timely counselling, referral, and follow-up.
- **Distribution of Learning Materials:** Essential learning materials—including **T-shirts, notebooks, pens, chocolates, and subject-wise workbooks** (1,297 Science; 1,285 Mathematics and 446 English)—were distributed across all schools.
- **Monitoring, Classroom Support & Field Engagement:** District Coordinators carried out **regular visits to all 25 KGBVs**, supporting academic sessions, addressing technical issues, coordinating with wardens and principals, and strengthening on-ground implementation. Aayojikas ensured **timely class joining, attendance updates, student engagement, daily reporting**, and support during health camps and library usage.



Distribution of learning materials



Academic classes

Articles



Frozen Pulse of Asia: The Hindu Kush Himalayas

The article highlights critical insights on glacier melt trends, regional vulnerabilities, and the cascading impacts of climate change across the HKH region—backed by recent scientific assessments and data.

Author: Dr. Sudheer Kr. Shukla, Head-Think Tank, Mobius Foundation; Dr. Sandip Tanu Mandal, Research Associate, Mobius Foundation

Published in: Water Digest

Aravallis at a Crossroads: When Legal Clarity Risks Ecological Collapse

The piece highlights a critical issue—how recent legal interpretations based on elevation thresholds could leave large, ecologically vital parts of the Aravalli landscape outside formal protection. This has serious implications for groundwater security, air quality, biodiversity, and climate resilience in North India.

Author: Dr. Sudheer Kr. Shukla, Head-Think Tank, Mobius Foundation
Published in: [UNI India](#)

Frozen Pulse of Asia: The Hindu Kush Himalayas

Out of all the water on our planet, ~97.5% is saline. Only 2.5 % is freshwater, which isn't readily available for direct use. Approximately ~30% is groundwater, and only ~0.03% is found in rivers, lakes and other surface water bodies. 69% of all freshwater is locked in icecaps, glaciers, snow and permafrost found in the Antarctic, Arctic and the high mountain regions of our planet. This 69% frozen parcel of our planet is of utmost importance for its multifaceted roles, but is often overlooked. To India and South Asian countries, it becomes even more important as more than a billion people directly and indirectly depend on glacier and snow melt water from the Hindu Kush Himalayas (HKH). It also plays a major role in maintaining the regional and global climate.

Water Towers of Asia

The Hindu Kush Himalayan region contains the largest ice reservoirs in the form of ice, snow, and permafrost outside the two poles, earning the nicknames 'The Third Pole' and 'Water Towers of Asia'. The glaciers in this region, spanning several countries, host over 54,000 glaciers covering approximately 60,000 km²

EXPERT EXTRACTS

13,90,000 km² during the winter season. Within the Indian Himalayan Region (IHR), there are around 10,000 to 15,000 glaciers. The great river systems of the Indus, Ganga, and Brahmaputra originate from the snow and ice-capped peaks and valleys of the HKH, sustaining agriculture, drinking water supplies, and hydropower for 24 crore people living in the HKH region and 165 crore downstream. The contribution of snow and ice melt to these river systems varies but is critical for maintaining flow, especially during the summer season. Though the estimates of glacier and snow-melt contributions to the Himalayan rivers vary but it is now well established that a large amount of water comes from these glaciers and snow fields, especially in the upper areas. Apart from being the source of the majestic rivers, the ice, snow and permafrost help maintain the springs, which are among the major sources of fresh water in the mountain regions.

It is estimated that snow and ice melt contribute up to 44 % in the Indus, 13% in the Ganga and 15% in the Brahmaputra basins. To show how important these rivers are for sustained water flow in these rivers, the Indus River supports about 96% of agriculture in Pakistan and 26% in

UNI

UNITED NEWS OF INDIA

Aravallis at a crossroads - when legal clarity risks ecological collapse

Dr. Sudheer Kumar Shukla
New Delhi, Dec 20 (UNI) The Supreme Court accepted the definition of the Aravalli Hills proposed by a government-appointed expert committee on November 20, 2025 under the new definition, only those landforms that rise at least 100 metres above the surrounding terrain (local relief) qualify as part of the Aravalli range.

The court simultaneously directed the government to prepare a "Management Plan for Sustainable Mining (MPSM)" across the Aravalli landscape and barred the grant of new mining leases until that plan is finalised.

Progress Without Real Acceleration

The article offers a critical assessment of the outcomes of COP30 in Belém and examines why global climate action continues to lag behind the urgency of the crisis. It discusses the gaps in implementation, missing commitments, and the need for stronger governance and accountability.

Author: Mr. Praveen Garg, President, Mobius Foundation; Dr. Sudheer Kr. Shukla, Head-Think Tank, Mobius Foundation

Published in: [Millennium Post](#)

Invisible epidemic: Why air pollution is India's largest health threat

Air pollution in India has quietly become one of the largest public health threats, affecting respiratory health, cardiovascular systems, neurological outcomes, and overall life expectancy. The piece highlights how air pollution must be addressed not just as an environmental concern, but as a core public health and development issue, requiring coordinated, multi-sectoral action.

Author: Dr. Sudheer Kr. Shukla, Head-Think Tank, Mobius Foundation

Published in: [The Hindu](#)

India is breathing unsafe air most of the year

Most Indian cities expose residents to unsafe air for much of the year, quietly increasing respiratory and heart diseases, productivity losses, and premature deaths. Yet our response remains largely reactive, seasonal, and fragmented. The article brings together evidence on why air quality governance in India must move beyond short-term measures to year-round, health-centric policy action.

Author: Dr. Sudheer Kr. Shukla, Head-Think Tank, Mobius Foundation

Published in: [UNI India](#)

Living the change we need

The article highlights how rising pollution, climate risks, and mounting waste make sustainable living an urgent necessity.

Author: Mr. Praveen Garg, President, Mobius Foundation

Published in: [Millennium Post](#)

Digital Campaign

#MobiusInsight


Reach - 1,19,209

Engagement - 49,156

Why Climate Change is Becoming a Psychological Crisis

Those least responsible for emissions, like farmers, coastal and indigenous communities, informal workers, and youth in the Global South are facing the heaviest psychological and material burdens.

Are we prepared for the mental health crisis of a warming world?



Swipe through or scan to read more.

#MobiusInsights

Why the Global Plastic Treaty Matters for India

India's ecosystems are under growing stress—from plastic-clogged floods in Punjab to microplastics threatening the Sundarbans.

A global plastic treaty offers a chance to unite nations and industries for a cleaner future.

What role will India choose to play?



#ExplainedByMobius



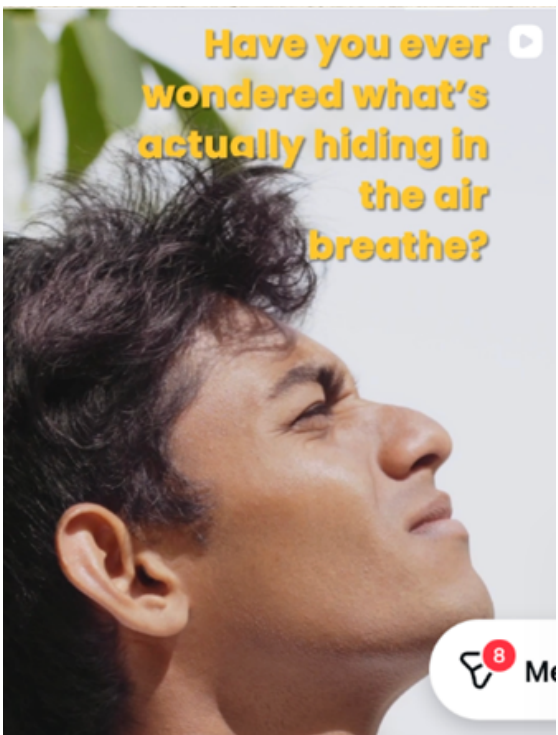
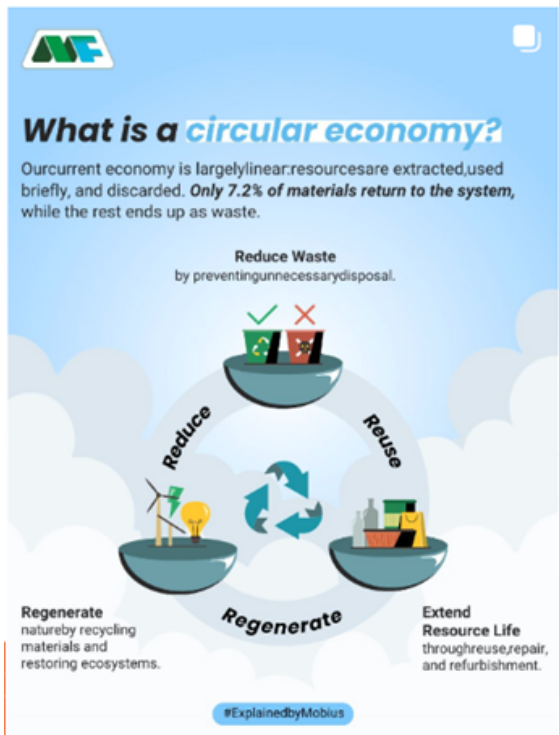
India is breathing unsafe air most of the year

Dr. Sudheer Kumar Shukla

New Delhi, Dec 31 (UNI): Every winter, India's air pollution crisis returns with stark visibility. Smog blankets Delhi and much of the Indo-Gangetic Plain, flights are disrupted, schools shut, and emergency health advisories are issued.

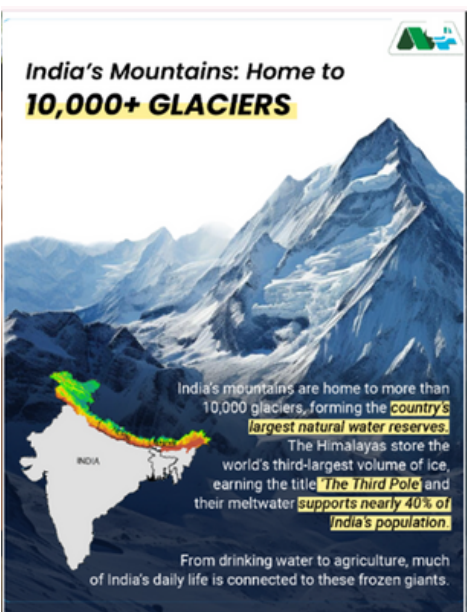


#ExplainedByMobius



Reach - 1,87,214 | Engagement - 93,256

#Tropical Days Content



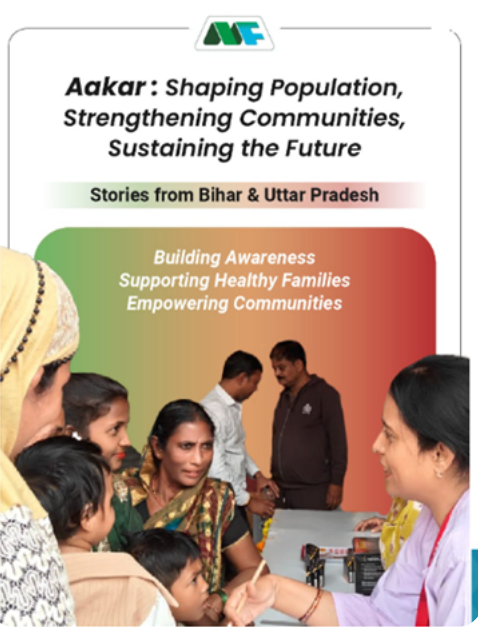
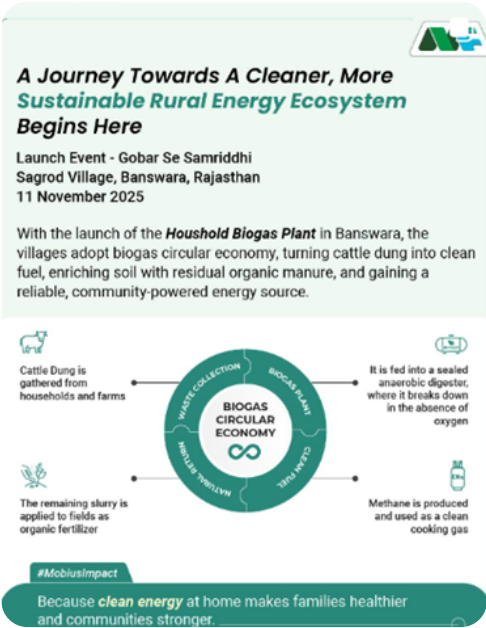
Reach - 2,21,241 Engagement - 1,059 Reach - 4,53,990 Engagement - 16,454

#InFocusWithMobius

#MFChairmansDesk



#MobiusImpact



Media



Reach - 16,632
Engagement - 7,254

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